



myDiabetes

Helping you to manage your diabetes for a lifetime.

A powerful app,
designed by experts for patients.

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- ✓ Improve your knowledge
 - ✓ Monitor your diabetes
 - ✓ Manage your risk factors
 - ✓ Complete a Diabetes exercise & diet program
 - ✓ Reduce your risk of serious long-term complications
 - ✓ And much more!
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Your clinician thinks
myDiabetes will
help you manage
your condition.

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Get started

@ Click the activation link in the email sent by your clinical team.



You can use the app on your smartphone, tablet or computer.



To get the best experience download the app on to a mobile device.

Entering data and using the myDiabetes app WILL NOT alert your GP practice, hospital or community team to an issue if you are feeling unwell.



Notes: